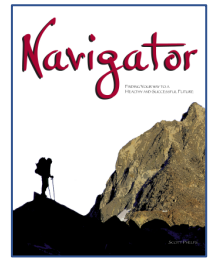
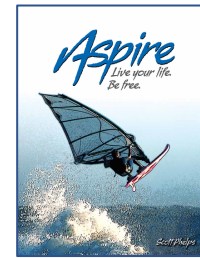


Workbook Overview: Stories about Drug and Alcohol Use



Workbook	Chapter	Page Number	Title	Topic	Summary
Game Plan	1	Pg. 8	Tom's Story	Drinking and Driving	Tom is in a wheelchair as a result of a drunk driving accident. Even though Tom wasn't driving drunk, the driver was. The rest of his life is gravely impacted because of one risky and unhealthy decision he made when he was 15.
	3	Pg. 30	Jerome's Choice	Peer Pressure, Drugs, and Alcohol	Jerome has to make a tough decision. Will he give in to peer pressure and go to an after-school party where others will be drinking and doing drugs or will he go home like he is supposed to? Jerome is afraid of what others might think if he doesn't go to the party. Jerome decides to go to the party and is offered beer. His friends are drinking and smoking. Jerome is in a tough position and doesn't know what to do.
	5	Pg. 44	Maria's Dilemma	Using drugs and alcohol to combat depression	Maria struggles with past decisions which have resulted in depression. She uses drugs and alcohol to cope with her depression.
Quest	1	Pg. 7	The Dreamer: <i>A True Story, Shenette Howard</i>	Goal setting, discipline and self-respect	Shenette decided to pursue her dream of dancing. Through discipline and self-respect, she was able to achieve her dreams and secure a bright future for herself.
	1	Pg. 12	Pressing on Towards My Goals: <i>A True Story- Shenette Howard</i>	Self-control and positive decisions are essential to achieving goals	Shenette makes the conscientious decision to have self-control and stay away from drugs, drinking, smoking and sex to achieve her dreams.
	2	Pg. 16	Sofia Sets Her Course: <i>A True Story</i>	Using drugs, alcohol and sex to deal with hard situations	Sofia deals with her parent's divorce by drinking, having sex and using drugs.
	2	Pg. 23	A True Story Sofia's Fresh Start: <i>A True Story</i>	It's never too late to start over and make healthy decisions	Sofia decides to start fresh and make positive, healthy decisions to better herself and her future.
	4	Pg. 36	Luis' Detour: <i>A True Story</i>	Outcomes of negative, unhealthy decisions	Luis starts down the wrong path at a young age. This story explores the outcomes of his unhealthy lifestyle and decisions.

Quest (cont.)	4	Pg. 40	Luis' Fresh Start	Choosing to stop drinking, drugs and sex to secure a brighter future	Luis decides he needs to stop drinking, using drugs and engaging in sexual intercourse to secure a positive, healthy future and achieve his goals.
Aspire	4	Pg. 38	Tina Marie: The Truth Behind the Lies: <i>A True Story</i>	Media influence on using drugs, alcohol and sex	Tina Marie exposes the lies behind media: - "Much of today's programming glamorizes sex, drugs, alcohol and violence. They're not telling the truth."
	5	Pg. 47	Charlie's Crisis: <i>A True Story</i>	Drinking and Driving	Charlie and Dan were best friends. Charlie drove both of them home, after consuming alcohol at a party. The car veered off the road and Dan did not survive the accident. Because of the risky decision Charlie made, he has to live with the guilt of his friend's death for the rest of his life.
	5	Pg. 50	Shane's Lonely Summer	Impact of negative relationships	Shane decides to remove himself from negative and unhealthy friendships to pursue his goals and dreams.
	6	Pg. 59	Shane's Incredible Gift	Positive, supportive relationships can lead to achieving goals and a positive future	After Shane removed himself from his group of friends, he was determined to make healthy choices and surround himself with supportive friendships.
Navigator	1	Pg. 14	Stephanie's Dream	Self-control can lead to achieving goals and dreams	Stephanie makes a promise to herself to avoid all risky behaviors, such as drugs, drinking and sex outside of marriage, to help make her dreams come true (achieve her goals).
	6	Pg. 61	William's Decision	Drunk Driving: Fatal Car Accident	William decides to stay away from alcohol after his friend is killed in a drunk driving accident. As a result of not drinking, William is able to make healthy decisions and avoid the consequences of partaking in risky behaviors.