



ASPIRE FIDELITY LOG



Success Sequence

School: _____ Teacher's Name: _____

Name of Class Period: _____

Setting of Aspire Implementation ☐ Elementary/Middle School ☐ High School ☐ Alternative School ☐ Other

EXPERIENCE IN TEACHING ASPIRE

Before you taught Aspire for this class, had you:

Received training in the last ten years for the program? ☐ YES ☐ NO If **yes**, did you receive training ☐ In Person ☐ Online

Reviewed all the activities (found in the Teacher Guide) before teaching this program? ☐ YES ☐ NO

Taught or practiced teaching most of the activities? ☐ YES ☐ NO

COMPLETING THE FIDELITY LOG

Overview:

Program author, Scott Phelps, has designated portions of each lesson that are considered to be most important or essential for effectiveness of Aspire. These identified sections are referred to as “CORE COMPONENTS”. Completion of all the core components and activities in each lesson is strongly recommended.

Directions:

For **each lesson** delivered, please record the following:

1. Indicate if the Core Component was completed.
2. If the Core Component was not completed, please provide a brief explanation in the space provided.

Aspire Lesson 1: Living Life on Purpose

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. Looking Forward (p7)	<input type="checkbox"/>	
2. Life Hike (p8)	<input type="checkbox"/>	
3. TEACHER'S MANUAL (Sec 1A and Sec 1C-1H) ACTIVITY: Life Hike	<input type="checkbox"/>	
4. The Critical Moment (p9)	<input type="checkbox"/>	
5. Pressed On Every Side (p10)	<input type="checkbox"/>	
6. Considering the Benefits of Abstinence (p11)	<input type="checkbox"/>	

Aspire Lesson 2: Standing Strong

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. The Whole Person (p19)	<input type="checkbox"/>	
2. The Safe Place (p20)	<input type="checkbox"/>	
3. Resisting Pressure (p21)	<input type="checkbox"/>	
4. Shane's Big Test (p22)	<input type="checkbox"/>	

Aspire Lesson 3: Thinking Ahead

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. The Real World (p27)	<input type="checkbox"/>	
2. Safety First (p28)	<input type="checkbox"/>	
3. Non-Viral STDs (p29)	<input type="checkbox"/>	
4. Protecting Women's Health (p30)	<input type="checkbox"/>	

Aspire Lesson 4: Protecting Your Mind

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. Media Power (p36)	<input type="checkbox"/>	
2. Sex Sells (p37)	<input type="checkbox"/>	
3. Viewer Discretion Advised (p39)	<input type="checkbox"/>	
4. Firewall Your Mind (p42)	<input type="checkbox"/>	

Aspire Lesson 5: The Power of Self Control

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. Why Judgement Matters (p48)	<input type="checkbox"/>	
2. Dating Plans (p51)	<input type="checkbox"/>	
3. It's Okay not to Date (p52)	<input type="checkbox"/>	

Aspire Lesson 6: Marriage Rocks

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ Minutes

Core Component	Completed	If not completed, please explain why?
1. Love for a Lifetime (p56)	<input type="checkbox"/>	
2. Abstinence and Marriage (p58)	<input type="checkbox"/>	
3. Rock Solid Relationships (p60)	<input type="checkbox"/>	
4. Sand Castle Relationships (p61)	<input type="checkbox"/>	
5. I Do (p62)	<input type="checkbox"/>	
6. Cori's Story (p63)	<input type="checkbox"/>	

Aspire
Lesson 7: Making A Fresh Start

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ **Minutes**

Core Component	Completed	If not completed, please explain why?
1. Yesterday's Gone (p66)	<input type="checkbox"/>	
2. Cause For Concern (p67)	<input type="checkbox"/>	
3. Finding Freedom (p72)	<input type="checkbox"/>	
4. Committed for Life (p73)	<input type="checkbox"/>	

Aspire
Lesson 8: The Big Picture

Lesson Taught ☐ YES ☐ NO

Date Lesson Taught _____

Length of Class _____ **Minutes**

Core Component	Completed	If not completed, please explain why?
1. Vision (p76)	<input type="checkbox"/>	
2. Sequence (p77)	<input type="checkbox"/>	
3. Rewards of Abstinence (p79)	<input type="checkbox"/>	
4. Hope for Tomorrow (p81)	<input type="checkbox"/>	
5. Eight Affirmations (p85)	<input type="checkbox"/>	