**Aspire**

**Chapter 1: Assessment**

*Directions: Put the letter of the best answer in the blank.*

\_\_\_1. Every person is unique and every person has a different purpose in life.

1. This statement is true b. This statement is false

\_\_\_ 2. What is one of the best things you can do to accomplish your future dreams and goals?

1. Take life as it comes
2. Wait until after high school to start planning
3. Plan for the future
4. Get a job in high school

\_\_\_3. What do the 6 mountains on the section titled “Life Hike” represent?

1. The 6 highest mountains in the Rocky Mountains
2. Time periods in a person’s life
3. The 6 subjects necessary to succeed in life
4. The 6 great challenges of life

\_\_\_4. Which is **not** a negative pressure a teenager will likely face?

1. Pressure to be sexually active before marriage
2. Pressure to take drugs
3. Pressure to drink alcohol
4. Pressure to buy a house

\_\_\_5. What age range is considered the “Critical Moment” of a person’s life?

1. 0-15 b. 15-20 c. 15-30 d. 30-45

\_\_\_6. Abstinence is described as a “Choice”. Who is responsible for making this choice for you?

1. My parents b. Myself c. My boyfriend d. My girlfriend

\_\_\_7. What is the safest, healthiest, lifestyle and one of the best ways to prepare for a healthy future marriage?

1. Saving all sexual activity for marriage
2. Saving some sexual activity for marriage
3. Having sex before marriage

\_\_\_8. Someone who has already been sexually active can still choose abstinence.

1. This statement is true b. This statement is false

\_\_\_9. Why did Ty Gooch choose Abstinence?

1. He thought it would be worth it
2. He thought of women as someone’s daughter, sister, wife or mom
3. He wanted to respect women
4. All of the answers are correct

\_\_10. Which statement below is **not** true?

1. Ty Gooch was made fun of for not taking advantage of girls
2. At times Ty Gooch thought he was making a mistake and missing out
3. Ty Gooch believed there wasn’t anything special about marriage
4. Ty Gooch resisted the pressures to be sexually active before marriage

**Aspire**

**Chapter 1: Assessment ANSWER KEY**

*Directions: Put the letter of the best answer in the blank.*

\_**A**\_1. Every person is unique and every person has a different purpose in life. **(p.6)**

1. This statement is true b. This statement is false

\_**C**\_ 2. What is one of the best things you can do to accomplish your future dreams and goals? **(p.6)**

1. Take life as it comes
2. Wait until after high school to start planning
3. Plan for the future
4. Get a job in high school

\_**B**\_3. What do the 6 mountains on the section titled “Life Hike” represent? **(p.8)**

1. The 6 highest mountains in the Rocky Mountains
2. Time periods in a person’s life
3. The 6 subjects necessary to succeed in life
4. The 6 great challenges of life

\_**D**\_4. Which is **not** a negative pressure a teenager will likely face? **(p.10)**

1. Pressure to be sexually active before marriage
2. Pressure to take drugs
3. Pressure to drink alcohol
4. Pressure to buy a house

\_**B**\_5. What age range is considered the “Critical Moment” of a person’s life? **(p.9)**

1. 0-15 b. 15-20 c. 15-30 d. 30-45

\_**B**\_6. Abstinence is described as a “Choice”. Who is responsible for making this choice for you? **(p.11)**

1. My parents b. Myself c. My boyfriend d. My girlfriend

\_**A**\_7. What is the safest, healthiest, lifestyle and one of the best ways to prepare for a healthy future marriage?

1. Saving all sexual activity for marriage **(p.11)**
2. Saving some sexual activity for marriage
3. Having sex before marriage

\_**A**\_8. Someone who has already been sexually active can still choose abstinence. **(p.11)**

1. This statement is true b. This statement is false

\_**D**\_9. Why did Ty Gooch choose Abstinence? **(p.12)**

* 1. He thought it would be worth it
	2. He thought of women as someone’s daughter, sister, wife or mom
	3. He wanted to respect women
	4. All of the answers are correct

\_**C**\_10. Which statement below is **not** true? **(p.12)**

1. Ty Gooch was made fun of for not taking advantage of girls
2. At times Ty Gooch thought he was making a mistake and missing out
3. Ty Gooch believed there wasn’t anything special about marriage
4. Ty Gooch resisted the pressures to be sexually active before marriage

**Aspire**

**Chapter 2: Assessment**

**Directions: Read the statements below.**

 **If the statement is “TRUE” write True in the box. If it is “FALSE” write false in the box.**

|  |  |  |
| --- | --- | --- |
|  | **Write****True or False** |  |
| **1** |  | One of the best ways to protect yourself from negative pressure is to avoid pressure situations in the first place.  |
| **2** |  | There are approximately 1,500 teen pregnancies per year in the U.S.  |
| **3** |  | A large majority of teens believe that young people should be taught to be married before they have a child.  |
| **4** |  | Pregnancy is not something bad to avoid, but outside of marriage it can present significant challenges.  |
| **5** |  | Two-thirds of teen pregnancies occur among high school age teens.  |
| **6** |  | Teen pregnancy is one of the most recognizable consequences of sex before marriage.  |
| **7** |  | Sex before marriage can affect one’s physical, mental, financial, social and emotional life.  |
| **8** |  | Abstinence isn’t about not having sex—it’s about saving sex for the context of marriage.  |
| **9** |  | Marriage serves as a protective barrier around a relationship.  |
| **10** |  | When you are **in** a pressure situation these 3 steps will help you: Make your Plan, Fake your plan and Do your Plan  |
| **11** |  | Shane and Tammy were alone in Tammy’s apartment  |
| **12** |  | Tammy told Shane that if they loved each other they should wait to have sex. |
| **13** |  | About two months later Shane found out that Tammy was already married.  |
| **14** |  | It is better to make important decisions based on facts rather than feelings.  |
| **15** |  | Resisting negative pressures helps one accomplish their goals. |

**Aspire**

**Chapter 2: Assessment ANSWER KEY**

**Directions: Read the statements below.**

 **If the statement is “TRUE” write True in the box. If it is “FALSE” write false in the box.**

|  |  |  |
| --- | --- | --- |
|  | **Write****True or False** |  |
| **1** | **True** | One of the best ways to protect yourself from negative pressure is to avoid pressure situations in the first place. **(p.17)** |
| **2** | **False** | There are approximately 1,500 teen pregnancies per year in the U.S. **(p.18)** |
| **3** | **True** | A large majority of teens believe that young people should be taught to be married before they have a child. **(p.18)** |
| **4** | **True** | Pregnancy is not something bad to avoid, but outside of marriage it can present significant challenges. **(p.18)** |
| **5** | **False** | Two-thirds of teen pregnancies occur among high school age teens. **(p.18)** |
| **6** | **True** | Teen pregnancy is one of the most recognizable consequences of sex before marriage. **(p.19)** |
| **7** | **True** | Sex before marriage can affect one’s physical, mental, financial, social and emotional life. **(p.19)** |
| **8** | **True** | Abstinence isn’t about not having sex—it’s about saving sex for the context of marriage. **(p.20)** |
| **9** | **True** | Marriage serves as a protective barrier around a relationship. **(p.21)** |
| **10** | **False** | When you are **in** a pressure situation these 3 steps will help you: Make your Plan, Fake your plan and Do your Plan **(p.21)** |
| **11** | **True** | Shane and Tammy were alone in Tammy’s apartment **(p.22)** |
| **12** | **False** | Tammy told Shane that if they loved each other they should wait to have sex. **(p.22)** |
| **13** | **False** | About two months later Shane found out that Tammy was already married. **(p.23)** |
| **14** | **True** | It is better to make important decisions based on facts rather than feelings. **(p.23)** |
| **15** | **True** | Resisting negative pressures helps one accomplish their goals. **(p.23)** |

**Aspire**

**Chapter 3: Assessment**

|  |
| --- |
| *Use the following words to complete questions 1 – 5. Not all words will be used.* |
| **Transmitted** | **HIV/AIDS** | **Viral** | **Non-Viral** | **Twice** | **Marriage** |
| 1. STDs are commonly divided into two categories: Non-Viral and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. The category of STDs that can normally be cured with medication are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_STDs.
3. STDs are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ through various types of sexual contact.
4. Adults who become drunk are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ as likely to become infected with an STD than those who don’t get drunk.
5. Saving sex for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is the best way to avoid STDs.
 |

|  |
| --- |
| *Use the following words to complete questions 6 – 10. Not all words will be used.* |
| **Highest** | **More** | **Chlamydia** | **Risk** | **Lowest** | **Girls** |
| 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is the most commonly reported infectious disease reported in the U.S.
2. Having multiple sexual partners is the leading \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_factor for STDs.
3. 4 in 10 sexually active teen girls (14-19) have one or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_STDs.
4. While both girls and guys are at risk for STDs, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_tend to suffer the most.
5. The United States has the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_rates of STDs in the industrialized world.
 |

|  |
| --- |
| *Use the following words to complete questions 11 – 15. Not all words will be used.* |
| **Pressure** | **Deadly** | **Spread an STD** | **HIV** | **Avoided** | **Abstinence** |
| 1. While HIV/AIDs is the least common of the major STDs, it is the most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. The CDC (Centers for Disease Control and Prevention) warns that having other STDs makes an individual three to five times more likely to acquire \_\_\_\_\_\_\_\_\_ if exposed.
3. The U.S. Department of Health and Human Services says the best way to prevent any STD is to practice \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. More and more teens are resisting the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to engage in sexual activity.
5. STDs can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by choosing to save all sexual activity for marriage.
 |

**Aspire**

**Chapter 3: Assessment ANSWER KEY**

|  |
| --- |
| *Use the following words to complete questions 1 – 5.* |
| **Transmitted** | **HIV/AIDS** | **Viral** | **Non-Viral** | **Twice** | **Marriage** |
| 1. STDs are commonly divided into two categories: Non-Viral and **Viral**.
2. The category of STDs that can normally be cured with medication are **Non-Viral** STDs.
3. STDs are **transmitted** through various types of sexual contact.
4. Adults who become drunk are **twice** as likely to become infected with an STD than those who don’t get drunk.
5. Saving sex for **marriage** is the best way to avoid STDs.
 |

|  |
| --- |
| *Use the following words to complete questions 6 – 10.* |
| **Highest** | **More** | **Chlamydia** | **Risk** | **Lowest** | **Girls** |
| 1. **Chlamydia is** the most commonly reported infectious disease reported in the U.S.
2. Having multiple sexual partners is the leading **risk** factor for STDs.
3. 4 in 10 sexually active teen girls (14-19) have one or **more** STDs.
4. While both girls and guys are at risk for STDs, **girls** tend to suffer the most.
5. The United States has the **highest** rates of STDs in the industrialized world.
 |

|  |
| --- |
| *Use the following words to complete questions 11 – 15.* |
| **Pressure** | **Deadly** | **Spread an STD** | **HIV** | **Avoided** | **Abstinence** |
| 1. While HIV/AIDs is the least common of the major STDs, it is the most **deadly**.
2. The CDC (Centers for Disease Control and Prevention) warns that having other STDs makes an individual three to five times more likely to acquire **HIV** if exposed.
3. The U.S. Department of Health and Human Services says the best way to prevent any STD is to practice **abstinence**.
4. More and more teens are resisting the **pressure** to engage in sexual activity.
5. STDs can be **avoided** by choosing to save all sexual activity for marriage.
 |

**Aspire**

**Chapter 4: Assessment**

***Directions: Select the phrase in the box that best completes sentences 1 – 10. Write the corresponding letter in the blank for each sentence. Not all phases will be used.***

1. Including Multi-tasking, media exposure for teens is about \_\_\_\_\_\_\_.
2. Tina-Maria left Hollywood because of all the \_\_\_\_\_\_\_.
3. Tina-Marie says that much of today’s television programming glamorizes \_\_\_\_\_\_\_.
4. Tina-Marie speaks to schools around the country about \_\_\_\_\_\_\_.
5. Your mind is like\_\_\_\_\_\_\_, but infinitely more powerful and sophisticated.
6. The more shocking an image\_\_\_\_\_\_\_.
7. Eric’s central battle in life was\_\_\_\_\_\_\_.
8. 64% of teens say that they do things online that they would not \_\_\_\_\_\_\_.
9. The purpose of filtering your media is \_\_\_\_\_\_\_.
10. Being Reality-centered doesn’t means “no-media”, it simply means \_\_\_\_\_\_\_.
11. a computer hard drive
12. limited media
13. lies and hypocrisy she saw on the inside
14. the dangers of online chat
15. to gain more control over your life
16. The benefits of abstinence and marriage and the media’s only real interest-Money
17. pornography
18. want their parents to know about
19. the more deeply the mind is affected by it
20. 9 hrs./day
21. Sex, drugs, alcohol, and violence

**Aspire**

**Chapter 4: Assessment ANSWER KEY**

***Directions: Select the phrase in the box that best completes sentences 1 – 10. Write the corresponding letter in the blank for each sentence. Not all phases will be used.***

1. Including Multi-tasking, media exposure for teens is about \_\_\_**J**\_\_\_. **(p.36)**
2. Tina-Maria left Hollywood because of all the \_\_\_**C**\_\_\_. **(p.38)**
3. Tina-Marie says that much of today’s television programming glamorizes \_\_\_**K**\_\_\_. **(p.38)**
4. Tina-Marie speaks to schools around the country about \_\_\_**F**\_\_\_.  **(p.38)**
5. Your mind is like \_\_**A**\_\_\_, but infinitely more powerful and sophisticated. **(p.39)**
6. The more shocking an image \_\_\_**I**\_\_\_. **(p.39)**
7. Eric’s central battle in life was \_\_**G**\_\_\_. **(p.40)**
8. 64% of teens say that they do things online that they would not \_\_**H**\_\_\_. **(p. 41)**
9. The purpose of filtering your media is \_\_**E**\_\_. **(p. 42)**
10. Being Reality-centered doesn’t means “no-media”, it simply means \_\_**B**\_\_\_. **(p.43)**
11. a computer hard drive
12. limited media
13. lies and hypocrisy she saw on the inside
14. the dangers of online chat
15. to gain more control over your life
16. The benefits of abstinence and marriage and the media’s only real interest-Money
17. pornography
18. want their parents to know about
19. the more deeply the mind is affected by it
20. 9 hrs./day
21. Sex, drugs, alcohol, and violence

**Aspire**

**Chapter 5 Assessment**

**Directions: Choose the correct word from the boxes on the right to complete the sentences below.**

**Questions 1-5**

Strength

Less

Moral

Impaired

Stages

Limits

Goals

Builds

1. Self-Control is choosing to set personal **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** on certain

actions and behaviors.

1. Character generally refers to “moral or ethical **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.”
2. Exercising self-control demonstrates maturity and **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** your

 character.

1. Charlie decided to drive home because he had **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** to drink

than Dan.

1. The problem wasn’t that Charlie didn’t use judgement, but that his

judgement was **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.

1. It is not **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** for teens to report that their first sexual

experience took place under the influence of alcohol.

**Questions 6-10**

Teachers

Drugs

Play Baseball

Friends

Party

Uncommon

Pencils

Compromises

1. Teens ages 15-19 who use **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** are five times more likely

to have sexual intercourse than those who do not use drugs.

1. The use of drugs and alcohol **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** a person’s judgement

in the area of self-control.

1. The pressure to engage in drinking, drugs and sexual activity often

comes from **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.

1. Shane made the decision and told his friends he would no longer

hang out with them or **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** with them.

1. After Shane walked away from his friends, it was a **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Questions 11-15**

Age

Happy

Marriage

After high school

Before

Pressure

Lonely

After

Wealth

summer.

1. Two of the most important factors to consider when dating are: the **\_\_\_\_\_\_\_\_\_\_\_**

of the person you choose to date, and the amount of time you spend together.

1. In dating, it is a good idea to make decisions with your mind **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

you develop strong feelings for someone.

1. Sometimes the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** is so great that teens feel as though there

is something wrong with them if they are not in a relationship.

1. At age fourteen Katie made a commitment to be abstinent until **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**Aspire**

**Chapter 5 Assessment ANSWER KEY**

**Directions: Choose the correct word from the boxes on the right to complete the sentences below.**

1. Self-Control is choosing to set personal **limits** on certain

**Questions 1-5**

Strength

Less

Moral

Impaired

Stages

Limits

Goals

Builds

actions and behaviors. **p. 46**

1. Character generally refers to “moral or ethical **strength**.” **p. 46**
2. Exercising self-control demonstrates maturity and **builds** your character. **p. 46**
3. Charlie decided to drive home because he had **less** to drink than Dan. **p. 47**
4. The problem wasn’t that Charlie didn’t use judgement, but that his

judgement was **impaired**. **p. 47**

1. It is not **uncommon** for teens to report that their first sexual experience

took place under the influence of alcohol. **p. 48**

**Questions 6-10**

Teachers

Drugs

Play Baseball

Friends

Party

Uncommon

Pencils

Compromises

1. Teens ages 15-19 who use **drugs** are five times more likely to have sexual

intercourse than those who do not use drugs. **p. 48**

1. The use of drugs and alcohol **compromises** a person’s judgement

in the area of self-control. **p. 48**

1. The pressure to engage in drinking, drugs and sexual activity often

comes from **friends**.  **p. 49**

1. Shane made the decision and told his friends he would no longer

hang out with them or **party** with them. **p. 50**

**Questions 11-15**

Age

Happy

Marriage

After high school

Before

Pressure

Lonely

After

Wealth

1. After Shane walked away from his friends, it was a **lonely** summer. **p. 50**
2. Two of the most important factors to consider when dating are: the **age** of

the person you choose to date, and the amount of time you spend together. **p. 51**

1. In dating, it is a good idea to make decisions with your mind **before** you

develop strong feelings for someone. **p. 51**

1. Sometimes the **pressure** is so great that teens feel as though there is

something wrong with them if they are not in a relationship. **p. 52**

1. At age fourteen Katie made a commitment to be abstinent until **marriage**. **p. 53**

**Aspire**

**Chapter 6 Assessment**

***Directions: Put the letter of the best answer in the space provided.***

\_\_\_\_ 1. What % of high school seniors surveyed said that a good marriage and family life is “quite” or “extremely” important (2017 survey)?

1. 28% b. 68% c. 10% d. 87%

\_\_\_\_2. Thoughts about getting marriage may change over time.

1. This statement is true b. This statement is false

\_\_\_\_3. What does an Other-Centered Person focus on?

1. Giving b. Going c. Gaining d. Getting

\_\_\_\_4. Rather than worrying about finding the right person, a better approach is to try to

 become the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

1. Person who is self-focused c. Person who drives a nice car
2. Person who dates a lot d. Right Person

\_\_\_\_5. What statement is true about Shane and Kelly?

1. Shane and Kelly had some of the same friends
2. Shane and Kelly spent a lot of time together
3. Shane and Kelly both saved sex for marriage
4. Shane and Kelly shared many of the same goals
5. All of the Above

\_\_\_\_6. Cohabitation is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself rather than giving yourself.

1. Giving b. Glamorizing c. Guarding d. Grading

\_\_\_\_7. Being married and cohabitation (living together) are the same thing.

1. This sentence is true b. This sentence is false.

\_\_\_\_8. What statement is not part of the traditional wedding vows?

1. For richer, for poorer c. To love and let go
2. In sickness and in health d. To have and to hold

\_\_\_\_9. What does the lighting of the Unity Candle symbolize?

1. Commitment that is unbroken and without end
2. The wax sealing of a document
3. A token of love
4. Two previously individual lives becoming one

\_\_\_10. What statement is not true about Cori?

1. Cori had a pregnancy scare when she started college
2. She and her boyfriend shared all the same character, values and beliefs
3. She and her boyfriend thought it was ok to have sex since they were “in love”
4. Sex before marriage hurt their relationship.
5. After 5 years of marriage, her husband decided he didn’t want to be married anymore and left

**Aspire**

**Chapter 6 Assessment ANSWER KEY**

***Directions: Put the letter of the best answer in the space provided.***

\_**d**\_\_ 1. What % of high school seniors surveyed said that a good marriage and family life is “quite” or “extremely” important (2017 survey)? **(p.56)**

1. 28% b. 68% c. 10% d. 87%

\_\_**b**\_2. Thoughts about getting marriage may change over time.  **(p.56)**

1. This statement is true b. This statement is false

\_**a**\_\_3. What does an Other-Centered Person focus on?  **(p.57)**

1. Giving b. Going c. Gaining d. Getting

\_**d**\_\_4. Rather than worrying about finding the right person, a better approach is to try to

 become the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ . **(p.57)**

1. Person who is self-focused c. Person who drives a nice car
2. Person who dates a lot d. Right Person

\_**e**\_\_5. What statement is true about Shane and Kelly?  **(p.59)**

1. Shane and Kelly had some of the same friends
2. Shane and Kelly spent a lot of time together
3. Shane and Kelly both saved sex for marriage
4. Shane and Kelly shared many of the same goals
5. All of the Above

\_\_**c**\_6. Cohabitation is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself rather than giving yourself.  **(p.61)**

1. Giving b. Glamorizing c. Guarding d. Grading

\_**b**\_\_7. Being married and cohabitation (living together) are the same thing.  **(rewording of Q.2, p.61)**

1. This sentence is true b. This sentence is false.

\_**c**\_\_8. What statement is not part of the traditional wedding vows? **(p.62)**

1. For richer, for poorer c. To love and let go
2. In sickness and in health d. To have and to hold

\_**d**\_\_9. What does the lighting of the Unity Candle symbolize?  **(p.62)**

1. Commitment that is unbroken and without end
2. The wax sealing of a document
3. A token of love
4. Two previously individual lives becoming one

\_**b**\_10. What statement is not true about Cori? **(p.63) not word for word from text**

1. Cori had a pregnancy scare when she started college
2. She and her boyfriend shared all the same character, values and beliefs
3. She and her boyfriend thought it was ok to have sex since they were “in love”
4. Sex before marriage hurt their relationship
5. After 5 years of marriage, her husband decided he didn’t want to be married anymore and left

**Aspire**

**Chapter 7: Assessment**

|  |
| --- |
|  **Circle the best word to complete each sentence.** |
| **1** | What matters most is not what you have done in the [ **past , moment** ] but what you will choose today to prepare for your future.  |
| **2** | It’s important to be [ **supportive , critical** ] of others regardless of previous choices.  |
| **3** | You are [ **destined , not destined** ] to repeat your past.  |
| **4** | 46-75% of the cases of date rape involve the use of [ **alcohol , oxytocin** ].  |
| **5** | Gina learned that sex creates a [ **physiological , financial** ] bond between two people.  |
| **6** | Danger signs in an abusive relationship include possessiveness, extreme emotions, jealousy, fear and [ **support , isolation** ] from family and friends.  |
| **7** | Oxytocin is a powerful hormone involved in bonding, sex and [ **childbirth , stress** ].  |
| **8** | Gina was able to break free from [ **unhealthy , healthy** ] relationships and behaviors by developing a set of standards.  |
| **9** | In Living for the Future, the focus is on what I need to do to prepare myself [ **to accomplish , to avoid** ] my plan.  |
| **10** | When you focus on the past, you [**enhance , hinder** ] your ability to move forward in life.  |
| **11** | When Barb told Rick her HIV test was [**negative , positive** ] he said, “I don’t know exactly what the future holds, but I will be here for you…”. |
| **12** | Because of Rick’s love and the [ **fear , freedom** ] of forgiveness, Barb is able to live her life without looking back.  |

**Aspire**

**Chapter 7: Assessment ANSWER KEY**

|  |
| --- |
|  **Circle the best word to complete the sentence.** |
| **1** | What matters most is not what you have done in the [ **past , moment** ] but what you will choose today to prepare for your future. **(p.66)** |
| **2** | It’s important to be [ **supportive , critical** ] of others regardless of previous choices. **(p.66)** |
| **3** | You are [ **destined , not destined** ] to repeat your past. **(p.66)** |
| **4** | 46-75% of the cases of date rape involve the use of [ **alcohol , oxytocin** ]. **(p.67)** |
| **5** | Gina learned that sex creates a [ **physiological , financial** ] bond between two people. **(p.68)** |
| **6** | Danger signs in an abusive relationship include possessiveness, extreme emotions, jealousy, fear and [ **support , isolation** ] from family and friends. **(p.68)**  |
| **7** | Oxytocin is a powerful hormone involved in bonding, sex and [ **childbirth , stress** ]. **(p.70)** |
| **8** | Gina was able to break free from [ **unhealthy , healthy** ] relationships and behaviors by developing a set of standards. **(p.70)** |
| **9** | In Living for the Future, the focus is on what I need to do to prepare myself [ **to accomplish , to avoid** ] my plan. **(p.71)**  |
| **10** | When you focus on the past, you [**enhance , hinder** ] your ability to move forward in life. **(p.71)** |
| **11** | When Barb told Rick her HIV test was [**negative , positive** ] he said, “I don’t know exactly what the future holds, but I will be here for you…”. **(p.72)** |
| **12** | Because of Rick’s love and the [ **fear , freedom** ] of forgiveness, Barb is able to live her life without looking back. **(p.73)** |

**Aspire**

**Chapter 8: Assessment**

***Directions: Select the phrase in the box that best completes sentences 1 – 10. Write the corresponding letter in the blank for each sentence. Not all phases will be used.***

1. It is not normally some grand event but rather the simple daily choices which**\_\_\_\_\_\_\_\_**.
2. One of the most important factors in determining whether or not you will accomplish your goals has a lot to do with **\_\_\_\_\_\_\_\_** some of your key life events take place.
3. Finish high school, wait until your twenties to marry, and have children after you marry is called **\_\_\_\_\_\_\_\_**.
4. A child born to an **\_\_\_\_\_\_\_\_**is nine times more likely to be poor than a child born to an adult parent who is married and has graduated from high school.
5. Abstinence isn’t really a goal but rather **\_\_\_\_\_\_\_\_**that helps you to arrive at a goal.
6. Academic achievement increases the likelihood of future **\_\_\_\_\_\_\_\_**.
7. The projected lifetime earnings of a college graduate is approximately $1.8 million more than a person who is a **\_\_\_\_\_\_\_\_**.
8. Research indicates that abstinent teens tend to do better in school and are **\_\_\_\_\_\_\_\_**.
9. Today less than one-third of high school students are**\_\_\_\_\_\_\_\_**.
10. Rashida’s dad showed her what true love is, gave her the strength and encouragement to pursue her dreams, and also inspired her decision to **\_\_\_\_\_\_\_\_**.
11. the “success sequence”
12. high school non-graduate
13. save sex for marriage
14. a path
15. healthy adult male
16. open a music studio
17. the order in which
18. unmarried teen mother who has not finished high school
19. sexually active
20. nearly twice as likely to graduate from college
21. opportunities
22. determine who you are as a person
23. parenthood

**Aspire**

**Chapter 8: Assessment ANSWER KEY**

***Directions: Select the phrase in the box that best completes sentences 1 – 10. Write the corresponding letter in the blank for each sentence. Not all phases will be used.***

1. It is not normally some grand event but rather the simple daily choices which \_\_**L**\_\_\_.  **(p.76)**
2. One of the most important factors in determining whether or not you will accomplish your goals has a lot to do with \_\_**G**\_\_\_

some of your key life events take place.  **(p.77)**

1. Finish high school, wait until your twenties to marry, and have children after you marry is called \_\_\_**A**\_\_\_.  **(p.77)**
2. A child born to an \_\_\_**H**\_\_\_ is nine times more likely to be poor than a child born to an adult parent who is married and has graduated from high school.  **(p.77)**
3. Abstinence isn’t really a goal but rather \_\_\_**D**\_\_\_ that helps you to arrive at a goal.  **(p.78)**
4. Academic achievement increases the likelihood of future \_\_\_**K**\_\_\_.  **(p.78)**
5. The projected lifetime earnings of a college graduate is approximately $1.8 million more than a person who is a \_\_\_**B**\_\_\_.

 **(p.79)**

1. Research indicates that abstinent teens tend to do better in school and are \_\_\_**J**\_\_\_.  **(p.80)**
2. Today less than one-third of high school students are \_\_\_**I**\_\_\_.

 **(p.81)**

1. Rashida’s dad showed her what true love is, gave her the strength and encouragement to pursue her dreams, and also inspired her decision to \_\_\_**C**\_\_\_.  **(p.82)**
2. the “success sequence”
3. high school non-graduate
4. save sex for marriage
5. a path
6. healthy adult male
7. open a music studio
8. the order in which
9. unmarried teen mother who has not finished high school
10. sexually active
11. nearly twice as likely to graduate from college
12. opportunities
13. determine who you are as a person
14. parenthood