

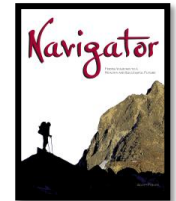
Grades 6-9



Grades 7-10



Grades 8-11



Grades 9-12

## The Success Sequence Program

### Objectives & Themes

Ch	Title	GAME PLAN Objectives	Theme
1	<b>I Got Game!</b>	<ul style="list-style-type: none"> <li>- Strategies for setting goals</li> <li>- Making positive choices</li> </ul>	Importance of Goal Setting
2	<b>TV Time - Out</b>	<ul style="list-style-type: none"> <li>- Examine media messaging and the impact on beliefs, opinions, social and mental health</li> </ul>	Media Influence
3	<b>Rules of the Game</b>	<ul style="list-style-type: none"> <li>- Positive vs. negative consequences of decisions</li> <li>- Self-control and resisting peer pressure</li> </ul>	Identifying Consequences
4	<b>Avoiding the Penalties</b>	<ul style="list-style-type: none"> <li>- Effects of sexual decision making on Emotional and Mental well-being</li> </ul>	Medical Implications (STDs)
5	<b>Half-Time</b>	<ul style="list-style-type: none"> <li>- Analysis of daily behaviors and ways to improve</li> <li>- Self- Respect and Confidence</li> </ul>	Plan to Achieve Goals
6	<b>Building Your Team</b>	<ul style="list-style-type: none"> <li>- Relationship between friendship and success</li> <li>- Dealing with pressure</li> </ul>	Character Development & Healthy Relationships
7	<b>Winning the Prize</b>	<ul style="list-style-type: none"> <li>- Positive impact of accomplishing a goal</li> <li>- Self- Control, Discipline, Respect and Trust</li> </ul>	Long Term Goals & Marriage
8	<b>Game Time</b>	<ul style="list-style-type: none"> <li>- Determination needed to achieve success</li> <li>- Steps to avoid pressures from self or others</li> </ul>	Accomplish Goals & the Success Sequence

Ch	Title	QUEST Objectives	Theme
1	<b>Life is a Journey</b>	<ul style="list-style-type: none"> <li>- Strategies for setting goals</li> <li>- Daily positive decisions lead to successful outcomes</li> </ul>	Importance of Goal Setting
2	<b>Mapping Your Course</b>	<ul style="list-style-type: none"> <li>- Resisting negative pressures is critical to reaching goals resisting peer pressure</li> </ul>	Creating A Plan
3	<b>Breaking Free</b>	<ul style="list-style-type: none"> <li>- Analyze impact of the media on opinions and beliefs</li> </ul>	Media Influence
4	<b>Finding You Way</b>	<ul style="list-style-type: none"> <li>- Effect of sexual decision making on physical, social, emotional and mental well-being</li> </ul>	Abstinence from Sex, Drugs & Alcohol
5	<b>Staying on Track</b>	<ul style="list-style-type: none"> <li>- Importance of making healthy relationships and friendships</li> </ul>	Identifying Consequences
6	<b>Future Focus</b>	<ul style="list-style-type: none"> <li>- Characteristics of a positive and supportive relationships</li> </ul>	Positive Outcomes & Rewards
7	<b>Road Blocks</b>	<ul style="list-style-type: none"> <li>- Impact of STD's on personal relationships and negative social, mental and emotional impact</li> </ul>	Medical Implications (STDs)
8	<b>Journey's End: Finding True Love</b>	<ul style="list-style-type: none"> <li>- Identifying positive characteristics for a supportive relationship</li> <li>- Celebration of Success</li> </ul>	Accomplish Goals & the Success Sequence

Ch	Title	ASPIRE Objectives	Theme
1	<b>Living Life on Purpose</b>	<ul style="list-style-type: none"> <li>- Future planning and the benefits of goal setting for positive Mental and Emotional development</li> <li>- Daily positive decisions lead to success and goal achievement</li> </ul>	Importance of Goal Setting
2	<b>Standing Strong</b>	<ul style="list-style-type: none"> <li>- Refusal skills to resist negative pressure and make healthy decisions and promote Social, Emotional and Mental well-being</li> <li>- How sex, drugs and alcohol can derail future goals</li> </ul>	Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol
3	<b>Thinking Ahead</b>	<ul style="list-style-type: none"> <li>- Long-term significance of decisions that are made on a daily basis</li> </ul>	Medical Implications (STDs)
4	<b>Protecting Your Mind</b>	<ul style="list-style-type: none"> <li>- Analyze media exposure and the negative impact on decisions</li> <li>- Importance of limiting media exposure</li> </ul>	Media Influence
5	<b>The Power of Self- Control</b>	<ul style="list-style-type: none"> <li>- Reviewing friendships and impact on goal achievement</li> <li>- Positive relationships for Social, Emotional, Mental well-being</li> </ul>	Character Development
6	<b>Marriage Rocks</b>	<ul style="list-style-type: none"> <li>- Positive impact of supportive relationships</li> <li>- Importance of finding others with similar goals and dreams</li> </ul>	Positive Outcomes of Goal Setting
7	<b>Making a Fresh Start</b>	<ul style="list-style-type: none"> <li>- Identifying signs of an abusive relationship and negative impacts</li> <li>- Importance of healthy and supportive relationships</li> </ul>	Relationship Development
8	<b>The Big Picture</b>	<ul style="list-style-type: none"> <li>- Everyday choices accumulate and impact the future.</li> <li>- Setting clear boundaries to accomplish goals</li> </ul>	Accomplish Goals & the Success Sequence

Ch	Title	NAVIGATOR Objectives	Theme
1	<b>Vision</b>	<ul style="list-style-type: none"> <li>- Analyze interests and set goals</li> <li>- Daily positive decisions lead to long-term success</li> </ul>	Goal Setting & Future Planning
2	<b>Clarity</b>	<ul style="list-style-type: none"> <li>- Analyze media exposure and the negative impact on decisions</li> <li>- Importance of limiting media exposure</li> </ul>	Media Influence
3	<b>Direction</b>	<ul style="list-style-type: none"> <li>- Long-term significance of current decisions and the impact this can have on Mental and Emotional health</li> <li>- Identifying physical, mental, emotional and social consequences as outcomes to sexual decision making.</li> </ul>	Rewards & Positive Outcomes
4	<b>Safety</b>	<ul style="list-style-type: none"> <li>- Strategies to abstain eliminates the risk of STDs and promotes a healthy lifestyle which ensures Mental and Emotional Health and well-being</li> </ul>	Medical Implications (STDs)
5	<b>Strength</b>	<ul style="list-style-type: none"> <li>- Teaching youth healthy ways to respond and resist situations containing alcohol, tobacco, and other drugs helps ensure positive Physical, Social, Emotional, and Mental well-being</li> <li>- Equipping youth with strategies to resist and say "no" to pressure situations will lead to Emotional and Mental health</li> </ul>	Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol
6	<b>Character</b>	<ul style="list-style-type: none"> <li>- Having strong character can help determine a positive direction and attitude in life, thus having positive Emotional and Mental health</li> <li>- Impact of positive influences vs. negative influences as it relates to the future and goal achievement</li> </ul>	Character Development
7	<b>Companionship</b>	<ul style="list-style-type: none"> <li>- Identifying qualities of supportive relationships and the positive influence it has on youth, especially in relation to accomplishing goals</li> <li>- Healthy vs. Unhealthy relationships</li> </ul>	Dating & Relationships
8	<b>Destination</b>	<ul style="list-style-type: none"> <li>- Importance of conflict resolution to support healthy relationships</li> </ul>	Accomplish Goals & the Success Sequence