



# NAVIGATOR FIDELITY LOG



## Success Sequence

School: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

Name of Class Period: \_\_\_\_\_

Setting of Navigator Implementation: ☐ Elementary/Middle School ☐ High School ☐ Alternative School ☐ Other

### EXPERIENCE IN TEACHING NAVIGATOR

Before you taught Navigator for **this** class, had you:

Received training in the last ten years for the program? ☐ YES ☐ NO If yes, did you receive training ☐ In Person ☐ Online

Reviewed all the activities (*found in the Teacher Guide*) before teaching this program? ☐ YES ☐ NO

Taught or practiced teaching most of the activities? ☐ YES ☐ NO

### COMPLETING THE FIDELITY LOG

#### Overview:

Program author, Scott Phelps, has designated portions of each lesson that are considered to be most important or essential for effectiveness of Navigator. These identified sections are referred to as “CORE COMPONENTS”. Completion of all the core components and activities in each lesson is strongly recommended.

#### Directions:

For **each lesson** delivered, please record the following:

1. Indicate if the Core Component was completed.
2. If the Core Component was not completed, please provide a brief explanation in the space provided.

**Navigator**  
**Lesson 1: Vision: Future Goals and Dreams**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Vision: Future Goals and Dreams Intro (p6)	<input type="checkbox"/>	
2. Goals for Your Future (p8)	<input type="checkbox"/>	
3. My Educational Goals (p8)	<input type="checkbox"/>	
4. My Career Goals (p9)	<input type="checkbox"/>	
5. My Future Family Goals (p10)	<input type="checkbox"/>	
6. My Goals for My Community (p11)	<input type="checkbox"/>	
7. Thinking Forward (p14)	<input type="checkbox"/>	

**Navigator**  
**Lesson 2: Clarity: Seeing Media Clearly**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Introduction (p16)	<input type="checkbox"/>	
2. Sex Sells (p19)	<input type="checkbox"/>	
3. The Ratings System (p19)	<input type="checkbox"/>	
4. Media Incrementalism (p20)	<input type="checkbox"/>	
5. Caught in the Net (p21)	<input type="checkbox"/>	
6. How We Respond (p21)	<input type="checkbox"/>	

## Navigator

### Lesson 3: Direction: Sexual Decision Making

Lesson Taught    ☐ YES    ☐ NO                      Date Lesson Taught \_\_\_\_\_                      Length of Class \_\_\_\_\_ Minutes

Core Component	Completed	If not completed, please explain why.
1. Introduction (page p28)	<input type="checkbox"/>	
2. Did You Know? (p28)	<input type="checkbox"/>	
3. Abstinence Definition box (p29)	<input type="checkbox"/>	
4. Considering Plan “A” (p29)	<input type="checkbox"/>	
5. Sex is Good...in Context (p30)	<input type="checkbox"/>	
6. Abstinence questions (p31)	<input type="checkbox"/>	
7. Choosing your Direction (p32)	<input type="checkbox"/>	
8. Staying the Course (p33)	<input type="checkbox"/>	

## Navigator

### Lesson 4: Safety: Avoiding the Obstacles

Lesson Taught    ☐ YES    ☐ NO                      Date Lesson Taught \_\_\_\_\_                      Length of Class \_\_\_\_\_ Minutes

Core Component	Completed	If not completed, please explain why.
1. Understanding the Problem of STDs (p38)	<input type="checkbox"/>	
2. Link discussion to the Fact (p38)	<input type="checkbox"/>	
3. The Silent Spread of STDs (p39)	<input type="checkbox"/>	
4. TEACHER’S GUIDE (p39) ACTIVITY: The Silent Epidemic	<input type="checkbox"/>	
5. STD on TV (p40)	<input type="checkbox"/>	
6. STDs Cause Significant Health Problems (p41)	<input type="checkbox"/>	
7. Just the Facts (p45)	<input type="checkbox"/>	
8. Did you Know? (p45)	<input type="checkbox"/>	
9. Marla’s Message (p46)	<input type="checkbox"/>	

**Navigator**  
**Lesson 5: Strength: Resisting Pressures**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Linked Behaviors (p49)	<input type="checkbox"/>	
2. Pursuing Academic Achievement (p53)	<input type="checkbox"/>	
3. Dating Pressures—Kimberly’s Story (p54)	<input type="checkbox"/>	
4. Questions about Kimberly’s Story (p55)	<input type="checkbox"/>	

**Navigator**  
**Lesson 6: Character: Survival Skills**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Survival 101 (p58)	<input type="checkbox"/>	
2. Creating Character (p59)	<input type="checkbox"/>	
3. Your Character Inventory (p60)	<input type="checkbox"/>	
4. William’s Decision (p61)	<input type="checkbox"/>	

**Navigator**  
**Lesson 7: Companionship: Relationships**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Companionship Introduction (p66)	<input type="checkbox"/>	
2. Relationships (p67)	<input type="checkbox"/>	
3. Choices and Limits (p71)	<input type="checkbox"/>	
4. Abstinence Definition (p71)	<input type="checkbox"/>	

**Navigator**  
**Lesson 8: Destination: Your Unique Journey**

**Lesson Taught**    ☐ YES    ☐ NO                      **Date Lesson Taught** \_\_\_\_\_                      **Length of Class** \_\_\_\_\_ **Minutes**

Core Component	Completed	If not completed, please explain why.
1. Commitment to Your Dreams (p74)	<input type="checkbox"/>	
2. Building a Foundation (p75)	<input type="checkbox"/>	
3. Did you know? (p75)	<input type="checkbox"/>	
4. Personal Inventory (p76)	<input type="checkbox"/>	
5. Worth the Wait (p76)	<input type="checkbox"/>	
6. Wedding Day (p77)	<input type="checkbox"/>	
7. Facing Challenges (p77)	<input type="checkbox"/>	