



SUCCESS SEQUENCE

Suggested Workbook Sequence:

Middle School (6th-8th)- Game Plan - Quest
High School- Game Plan - Quest - Aspire - Navigator

Chapter-By-Chapter Themes

Game Plan Workbook

Chapter 1: Importance of Goal Setting
Chapter 2: Media Influence
Chapter 3: Identifying Consequences
Chapter 4: Medical Implications (STDs)
Chapter 5: Plan to Achieve Goals
Chapter 6: Character Development & Healthy Relationships
Chapter 7: Long Term Goals & Marriage
Chapter 8: Accomplish Goals & the Success Sequence

Quest Workbook

Chapter 1: Importance of Goal Setting
Chapter 2: Creating A Plan
Chapter 3: Media Influence
Chapter 4: Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol
Chapter 5: Identifying Consequences
Chapter 6: Positive Outcomes & Rewards
Chapter 7: Medical Implications (STDs)
Chapter 8: Accomplish Goals & the Success Sequence

Aspire Workbook

Chapter 1: Importance of Goal Setting
Chapter 2: Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol
Chapter 3: Medical Implications (STDs)
Chapter 4: Media Influence
Chapter 5: Character Development
Chapter 6: Positive Outcomes of Goal Setting
Chapter 7: Relationship Development
Chapter 8: Accomplish Goals & the Success Sequence

Navigator Workbook

Chapter 1: Importance of Goal Setting & Future Planning
Chapter 2: Media Influence
Chapter 3: Rewards & Positive Outcomes
Chapter 4: Medical Implications (STDs)
Chapter 5: Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol
Chapter 6: Character Development
Chapter 7: Dating & Relationships
Chapter 8: Accomplish Goals & the Success Sequence

