

Life Hike

Activity: Page 8

Materials

1. Life hike cards – print on white cardstock and laminate

Instructions

- 1. Invite 6 students to the front of the room to hold each of the cards.
- 2. Have them spread out equally spaced in a line across the room.
- 3. Explain to the students that each mountain represents different stages of their lives.

Discussion

- 1. What stage will you make the most important decisions of your life?
- 2. How did you come to that conclusion?
- 3. What kind of decisions will you make during this time?
- 4. When you look over the span of a lifetime, how do you think these decisions will affect your entire life?

Explain

The decisions you make today will either positively or negatively impact your entire future. Look at the span of your life. It makes sense to spend some thought on where you want to end up and what decisions will need to be made to get there. What kind of decisions will you make today?











