



The Success Sequence Program

The Success Sequence Program

Content Alignment to

Florida Health Education Standards

Grades 6-12



	Chapter	Theme	Florida Health Education Learning Standards		CDC- National Health Education Standards	
			Middle School Benchmarks	High School Benchmarks	Performance Indicators	
Game Plan	Chapter 1	Importance of Goal Setting	HE.6.B.6.2. HE.6.B.6.3 HE.7.C.1.1 HE.8.P.7.2	HE.7.B.6.2 HE.7.C.1.4 HE.8.B.5.5	HE.912.C.1.4 HE.912.B.6.4 HE.912.P.7.2	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4
Game Plan	Chapter 2	Media Influence	HE.6.C.2.5. HE.6.C.2.6. HE.7.C.2.5 HE.7.C.2.6 HE.8.C.2.6		HE.912.C.2.3 HE.912.C.2.6	2.8.2 2.8.5 2.8.6 5.12.1
Game Plan	Chapter 3	Identifying Consequences	HE.6.C.1.8. HE.7.C.1.4 HE.7.C.2.8 HE.8.B.5.3 HE.8.P.7.1	HE.7.B.5.5 HE.7.C.1.8 HE.7.C.2.9 HE.8.C.1.2	HE.912.B.5.5 HE.912.C.2.3 HE.912.C.2.8 HE.912.C.2.9	1.12.7 1.12.8 1.12.9 2.8.3 2.12.9 5.8.1
Game Plan	Chapter 4	Medical Implications (STDs)	HE.6.C.1.4 HE.6.C.1.8 HE.7.C.1.5 HE.7.C.1.8 HE.8.C.1.8		HE.912.C.1.4 HE.912.C.1.5 HE.912.C.1.8	1.8.8 1.8.9
Game Plan	Chapter 5	Plan to Achieve Goals	HE.6.C.2.1 HE.6.C.2.2 HE.6.C.2.8 HE.6.B.6.3 HE.6.B.6.4 HE.7.C.1.1 HE.7.C.2.1 HE.7.C.2.2 HE.7.B.4.2 HE.7.B.5.2	HE.7.P.7.2 HE.8.C.1.4 HE.8.C.2.1 HE.8.C.2.2 HE.8.C.2.3 HE.8.B.5.2 HE.8.B.6.3 HE.8.P.7.1 HE.8.C.2.8 HE.8.C.2.9	HE.912.B.6.3 HE.912.B.6.4	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4
Game Plan	Chapter 6	Character Development & Healthy Relationships	HE.6.B.4.2 HE.6.B.5.2 HE.6.P.7.1 HE.6.P.8.1	HE.7.P.7.1 HE.7.P.7.2 HE.8.P.8.1	HE.912.C.2.2 HE.912.B.4.2	1.8.2 1.12.2 2.8.3 7.12.3
Game Plan	Chapter 7	Long Term Goals & Marriage	HE.7.B.6.2		HE.912.B.6.4	1.8.7 5.8.6 5.8.7 5.12.6
Game Plan	Chapter 8	Accomplishing Goals	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2		PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6



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Quest	Chapter	Theme	Florida Health Education Learning Standards		CDC- National Health Education Standards	
			Middle School Benchmarks	High School Benchmarks	Performance Indicators	
Quest	Chapter 1	Importance of Goal Setting	HE.6.B.6.2. HE.6.B.6.3 HE.7.B.6.2 HE.7.C.1.1 HE.7.C.1.4 HE.8.B.5.5 HE.8.P.7.2	HE.912.C.1.4 HE.912.B.6.4 HE.912.P.7.2	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4	5.12.2 6.8.2 6.8.3 6.12.2 6.12.3
Quest	Chapter 2	Creating A Plan	HE.6.C.2.1 HE.6.C.2.2 HE.6.C.2.8 HE.6.B.6.3 HE.6.B.6.4 HE.7.C.1.1 HE.7.C.2.1 HE.7.C.2.2 HE.7.B.4.2 HE.7.B.5.2	HE.7.P.7.2 HE.8.C.1.4 HE.8.C.2.1 HE.8.C.2.2 HE.8.C.2.3 HE.8.B.5.2 HE.8.B.6.3 HE.8.P.7.1 HE.8.C.2.8 HE.8.C.2.9	HE.912.B.6.3 HE.912.B.6.4	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4
Quest	Chapter 3	Media Influence	HE.6.C.2.5. HE.6.C.2.6. HE.7.C.2.5 HE.7.C.2.6 HE.8.C.2.6		HE.912.C.2.3 HE.912.C.2.6	2.8.2 2.8.5 2.8.6 5.12.1
Quest	Chapter 4	Diversions & Distractions	HE.6.C.1.8. HE.7.C.1.4 HE.7.C.2.8 HE.8.B.5.3 HE.8.P.7.1	HE.7.B.5.5 HE.7.C.1.8 HE.7.C.2.9 HE.8.C.1.2	HE.912.B.5.5 HE.912.C.2.3 HE.912.C.2.8 HE.912.C.2.9	1.12.7 1.12.8 1.12.9 2.8.3 2.12.9 5.8.1
Quest	Chapter 5	Identifying Consequences	HE.6.C.1.8. HE.7.C.1.4 HE.7.C.2.8 HE.8.B.5.3 HE.8.P.7.1	HE.7.B.5.5 HE.7.C.1.8 HE.7.C.2.9 HE.8.C.1.2	HE.912.B.5.5 HE.912.C.2.3 HE.912.C.2.8 HE.912.C.2.9	1.12.7 1.12.8 1.12.9 2.8.3 2.12.9 5.8.1
Quest	Chapter 6	Positive Outcomes & Rewards	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2		PE.912.P.7.2	1.8.7 5.8.7 7.8.2
Quest	Chapter 7	Medical Implications (STDs)	HE.6.C.1.4 HE.6.C.1.8 HE.7.C.1.5 HE.7.C.1.8 HE.8.C.1.8		HE.912.C.1.4 HE.912.C.1.5 HE.912.C.1.8	1.8.8 1.8.9
Quest	Chapter 8	Accomplishing Goals	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2		PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6

*Florida State Health Education Learning Standards - CPLAMS (www.floridastandards.org)

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	Chapter	Theme	Florida Health Education Learning Standards		CDC- National Health Education Standards	
			Middle School Benchmarks	High School Benchmarks	Performance Indicators	
Aspire	Chapter 1	Importance of Goal Setting	HE.6.B.6.2. HE.6.B.6.3 HE.7.C.1.1 HE.8.P.7.2	HE.7.B.6.2 HE.7.C.1.4 HE.8.B.5.5	HE.912.C.1.4 HE.912.B.6.4 HE.912.P.7.2	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4
Aspire	Chapter 2	Distractions & Diversions	HE.6.C.1.8. HE.7.C.1.4 HE.7.C.2.8 HE.8.B.5.3 HE.8.P.7.1	HE.7.B.5.5 HE.7.C.1.8 HE.7.C.2.9 HE.8.C.1.2	HE.912.B.5.5 HE.912.C.2.3 HE.912.C.2.8 HE.912.C.2.9	1.12.7 1.12.8 1.12.9 2.8.3 2.12.9 5.8.1
Aspire	Chapter 3	Medical Implications (STDs)	HE.6.C.1.4 HE.6.C.1.8 HE.7.C.1.5 HE.7.C.1.8 HE.8.C.1.8		HE.912.C.1.4 HE.912.C.1.5 HE.912.C.1.8	1.8.8 1.8.9
Aspire	Chapter 4	Media Influence	HE.6.C.2.5. HE.6.C.2.6. HE.7.C.2.5 HE.7.C.2.6 HE.8.C.2.6		HE.912.C.2.3 HE.912.C.2.6	2.8.2 2.8.5 2.8.6 5.12.1
Aspire	Chapter 5	Character Development	HE.6.B.4.2 HE.6.B.5.2 HE.6.P.7.1 HE.6.P.8.1	HE.7.P.7.1 HE.7.P.7.2 HE.8.P.8.1	HE.912.C.2.2 HE.912.B.4.2	1.8.2 1.12.2 2.8.3 7.12.3
Aspire	Chapter 6	Positive Outcomes of Goal Setting	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2		PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6
Aspire	Chapter 7	Relationship Development	HE.6.B.4.2 HE.6.B.5.2 HE.6.P.7.1 HE.6.P.8.1	HE.7.P.7.1 HE.7.P.7.2 HE.8.P.8.1	HE.912.C.2.2 HE.912.B.4.2	1.8.2 1.12.2 2.8.3 7.12.3
Aspire	Chapter 8	Accomplishing Goals & Positive Outcomes	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2		PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6

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Navigator	Chapter	Theme	Florida Health Education Learning Standards		CDC- National Health Education Standards	
			Middle School Benchmarks	High School Benchmarks	Performance Indicators	
Navigator	Chapter 1	Importance of Goal Setting & Future Planning	HE.6.B.6.2. HE.6.B.6.3 HE.7.C.1.1 HE.8.P.7.2	HE.7.B.6.2 HE.7.C.1.4 HE.8.B.5.5	HE.912.C.1.4 HE.912.B.6.4 HE.912.P.7.2	1.8.5 1.12.5 5.8.1 5.8.6 5.12.1 6.12.4
Navigator	Chapter 2	Media Influence	HE.6.C.2.5. HE.6.C.2.6. HE.7.C.2.5 HE.7.C.2.6 HE.8.C.2.6	HE.912.C.2.3 HE.912.C.2.6	2.8.2 2.8.5 2.8.6 5.12.1	2.12.2 2.12.5 2.12.6
Navigator	Chapter 3	Rewards & Positive Outcomes	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2	PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6	6.12.4 7.8.2 7.8.3
Navigator	Chapter 4	Medical Implications (STDS)	HE.6.C.1.4 HE.6.C.1.8 HE.7.C.1.5 HE.7.C.1.8 HE.8.C.1.8	HE.912.C.1.4 HE.912.C.1.5 HE.912.C.1.8	1.8.8 1.8.9	
Navigator	Chapter 5	Diversions & Distractions: Importance of Abstinence from Sex, Drugs & Alcohol	HE.6.C.1.8. HE.7.C.1.4 HE.7.C.2.8 HE.8.B.5.3 HE.8.P.7.1	HE.7.B.5.5 HE.7.C.1.8 HE.7.C.2.9 HE.8.C.1.2	HE.912.B.5.5 HE.912.C.2.3 HE.912.C.2.8 HE.912.C.2.9	1.12.7 1.12.8 1.12.9 2.8.3 2.12.9 5.8.1
Navigator	Chapter 6	Character Development	HE.6.B.4.2 HE.6.B.5.2 HE.6.P.7.1 HE.6.P.8.1	HE.7.P.7.1 HE.7.P.7.2 HE.8.P.8.1	HE.912.C.2.2 HE.912.B.4.2	1.8.2 1.12.2 2.8.3 7.12.3
Navigator	Chapter 7	Dating & Relationships	HE.6.B.4.2 HE.6.B.5.2 HE.6.P.7.1 HE.6.P.8.1	HE.7.P.7.1 HE.7.P.7.2 HE.8.P.8.1	HE.912.C.2.2 HE.912.B.4.2	1.8.2 1.12.2 2.8.3 7.12.3
Navigator	Chapter 8	Accomplishing Goals & Positive Outcomes	HE.6.B.6.4 HE.7.B.6.2 HE.8.B.5.5 HE.8.P.7.2	PE.912.P.7.2	1.8.7 5.8.6 5.8.7 5.12.6	6.12.4 7.8.2 7.8.3

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