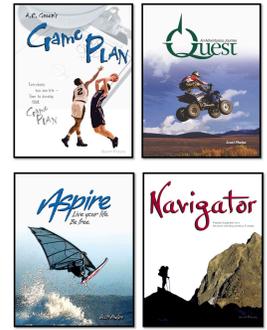




The Success Sequence Program

# The Success Sequence Program and Pennsylvania Department of Education

## Academic Standards Alignment Chart: Health, Safety and Physical Education Grades 6, 9 and 12



### Grade 6 – Workbook Alignment by Chapter

	Game Plan	Quest	Aspire	Navigator
<b>10.1 Concepts of Health</b>				
<b>10.1.6.D:</b> Explain factors that influence childhood and adolescent drug use. <ul style="list-style-type: none"> <li>peer influence</li> <li>body image (e.g., steroids, enhancers)</li> <li>social acceptance</li> <li>stress</li> <li>media influence</li> <li>decision-making/refusal skills</li> <li>rules, regulations and laws</li> <li>consequences</li> </ul>	Ch. 2 Ch. 3 Ch. 6	Ch. 3 Ch. 4 Ch. 5	Ch. 2 Ch. 4 Ch. 5 Ch. 7	Ch. 2 Ch. 5 Ch. 6 Ch. 7
<b>10.1.6.E:</b> Identify health problems that can occur throughout life and describe ways to prevent them. <ul style="list-style-type: none"> <li>diseases (e.g., cancer, diabetes, STD/HIV/AIDS, cardiovascular disease)</li> <li>preventions (i.e. do not smoke, maintain proper weight, eat a balanced diet, practice sexual abstinence, be physically active)</li> </ul>	Ch. 1 Ch. 3 Ch. 4 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 3 Ch. 7 Ch. 8	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 7 Ch. 8
<b>10.2 Healthful Living</b>				
<b>10.2.6.A:</b> Explain the relationship between personal health practices and individual well-being. <ul style="list-style-type: none"> <li>immunizations</li> <li>health examinations</li> </ul>	Ch. 1 Ch. 3 Ch. 4	Ch. 1 Ch. 2 Ch. 5 Ch. 7	Ch. 1 Ch. 3	Ch. 1 Ch. 4
<b>10.2.6.B:</b> Explain the relationship between health-related information and consumer choices. <ul style="list-style-type: none"> <li>dietary guidelines/food selection</li> <li>sun exposure guidelines/ sunscreen selection</li> </ul>	Ch. 2 Ch. 4	Ch. 3 Ch. 7	Ch. 3 Ch. 4	Ch. 2 Ch. 4
<b>10.2.6.C:</b> Explain the media's effect on health and safety issues.	Ch. 2	Ch. 3	Ch. 4	Ch. 2
<b>10.2.6.D:</b> Describe and apply the steps of a decision-making process to health and safety issues.	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 6 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 3 Ch. 5 Ch. 6 Ch. 8	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 8



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# The Success Sequence Program and Pennsylvania Department of Education

## Academic Standards Alignment Chart: Health, Safety and Physical Education Grades 6, 9 and 12



### Grade 9 – Workbook Alignment by Chapter

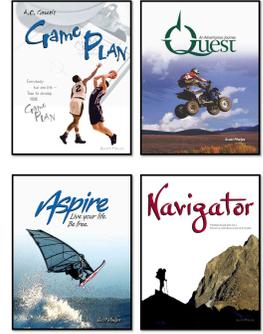
	Game Plan	Quest	Aspire	Navigator
<b>10.1 Concepts of Health</b>				
<b>10.1.9.A:</b> Analyze factors that impact growth and development between adolescence and adulthood. <ul style="list-style-type: none"> <li>Relationships (e.g. dating, friendships, peer pressure)</li> <li>interpersonal communication</li> <li>risk factors (e.g., physical inactivity, substance abuse, intentional/unintentional injuries, dietary patterns)</li> <li>abstinence</li> <li>STD and HIV prevention</li> <li>community</li> </ul>	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 6 Ch. 7	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 7	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 7	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 7
<b>10.1.9.D:</b> Analyze prevention and intervention strategies in relation to adolescent and adult drug use. <ul style="list-style-type: none"> <li>decision-making/refusal skills</li> <li>situation avoidance</li> <li>goal setting</li> <li>professional assistance (e.g., medical, counseling, support groups)</li> <li>parent involvement</li> </ul>	Ch. 1 Ch. 3 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 8	Ch. 1 Ch. 2 Ch. 6 Ch. 8	Ch. 1 Ch. 3 Ch. 5 Ch. 8
<b>10.1.9.E:</b> Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.	Ch. 1 Ch. 3 Ch. 4	Ch. 1 Ch. 2 Ch. 5 Ch. 7	Ch. 1 Ch. 3 Ch. 6	Ch. 1 Ch. 3 Ch. 4
<b>10.2 Healthful Living</b>				
<b>10.2.9.A:</b> Identify and describe health care products and services that impact adolescent health practices.	Ch. 1 Ch. 2 Ch. 3	Ch. 1 Ch. 2 Ch. 3 Ch. 7	Ch. 1 Ch. 3 Ch. 4	Ch. 1 Ch. 2 Ch. 4
<b>10.2.9.B:</b> Analyze the relationship between health-related information and adolescent consumer choices. <ul style="list-style-type: none"> <li>tobacco products</li> <li>weight control products</li> </ul>	Ch. 2 Ch. 4	Ch. 3 Ch. 7	Ch. 3 Ch. 4	Ch. 2 Ch. 4
<b>10.2.9.C:</b> Analyze media health and safety messages and describe their impact on personal health and safety.	Ch. 2	Ch. 3	Ch. 4	Ch. 2
<b>10.2.9.D:</b> Analyze and apply a decision-making process to adolescent health and safety issues.	Ch. 1 Ch. 3 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 6 Ch. 8	Ch. 1 Ch. 2 Ch. 5 Ch. 6 Ch. 7 Ch. 8	Ch. 1 Ch. 3 Ch. 5 Ch. 6 Ch. 7 Ch. 8



The Success Sequence Pro

# The Success Sequence Program and Pennsylvania Department of Education

## Academic Standards Alignment Chart: Health, Safety and Physical Education Grades 6, 9 and 12



### Grade 12 – Workbook Alignment by Chapter

	Game Plan	Quest	Aspire	Navigator
<b>10.1 Concepts of Health</b>				
<b>10.1.12.A:</b> Evaluate factors that impact growth and development during adulthood and late adulthood. <ul style="list-style-type: none"> <li>acute and chronic illness</li> <li>communicable and non- communicable disease</li> <li>health status</li> <li>relationships (e.g., marriage, divorce, loss)</li> <li>career choice</li> <li>aging process</li> <li>retirement</li> </ul>	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 6 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 6 Ch. 7 Ch. 8
<b>10.1.12.B:</b> Evaluate factors that impact the body systems and apply protective/preventive strategies. <ul style="list-style-type: none"> <li>fitness level</li> <li>environment (e.g., pollutants, available health care)</li> <li>health status (e.g., physical, mental, social)</li> <li>nutrition</li> </ul>	Ch. 4	Ch. 7	Ch. 3	Ch. 4
<b>10.1.12.D:</b> Evaluate issues relating to the use/non-use of drugs. <ul style="list-style-type: none"> <li>psychology of addiction</li> <li>social impact (e.g., cost, relationships)</li> <li>chemical use and fetal development</li> <li>laws relating to alcohol, tobacco and chemical substances</li> <li>impact on the individual</li> <li>impact on the community</li> </ul>	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 6	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 7	Ch. 1 Ch. 2 Ch. 3 Ch. 4 Ch. 5 Ch. 7	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 6 Ch. 7
<b>10.1.12.E:</b> Identify and analyze factors that influence the prevention and control of health problems. <ul style="list-style-type: none"> <li>research</li> <li>medical advances</li> <li>technology</li> <li>government policies/regulations</li> </ul>	Ch. 2 Ch. 4	Ch. 3 Ch. 7	Ch. 3 Ch. 4	Ch. 2 Ch. 4
<b>10.2 Healthful Living</b>				
<b>10.2.12.A:</b> Evaluate health care products and services that impact adult health practices.	Ch. 2 Ch. 4 Ch. 5	Ch. 2 Ch. 3 Ch. 7	Ch. 3 Ch. 4	Ch. 2 Ch. 4
<b>10.2.12.B:</b> Assess factors that impact adult health consumer choices. <ul style="list-style-type: none"> <li>access to health information</li> <li>access to health care</li> <li>cost</li> <li>safety</li> </ul>	Ch. 2 Ch. 4 Ch. 6	Ch. 3 Ch. 7	Ch. 3 Ch. 4 Ch. 5 Ch. 7	Ch. 2 Ch. 4 Ch. 6 Ch. 7

<b>10.2.12.C:</b> Compare and contrast the positive and negative effects of the media on adult personal health and safety.	Ch. 2	Ch. 3	Ch. 4	Ch. 2
<b>10.2.12.D:</b> Examine and apply a decision-making process to the development of short and long-term health goals.	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 4 Ch. 5 Ch. 6 Ch. 7 Ch. 8	Ch. 1 Ch. 2 Ch. 3 Ch. 5 Ch. 6 Ch. 7 Ch. 8	Ch. 1 Ch. 3 Ch. 4 Ch. 5 Ch. 6 Ch. 7 Ch. 8